

## Basketball Ireland Return to Play Road Map

<b>Phase 1</b>	No basketball permitted as per government guidelines
<b>Phase 2</b>	<p>All individuals will abide by the government's guidance on maintaining a 2 metre distance between anyone not within their household.</p> <p>Only playing with one other person outside of their household at any time.</p> <p>Single ball can be played with, ONLY if amongst household.</p> <p>Only use outdoor courts.</p>
<b>Phase 3</b> <b>29<sup>th</sup> June</b>	<p>Follow screening and hygiene guidance set out in this document in conjunction with the RTP safety statement. All Basketball activities must follow basketball rules strictly.</p> <p>Social distancing rules continue to apply including 2 metre distance between people that are not participating in the sport directly...</p> <p>As part of phase 3 of the roadmap, it is planned that you will be able to travel anywhere in Ireland.</p> <p>Groups of up to 50 indoors and 200 outdoors may gather to train to play basketball (this must include any coaches or staff present) on court. Basketball rules must be strictly followed. Social distance for Non-participants/ /spectators/ public as per HSE guidelines.</p> <p>Be mindful that if working with children in a club setting, two adults should be present at all times.</p> <p>Indoor courts are permitted by Government. This is subject to local guidance on the opening and accessibility of facilities.</p> <p>All high contact areas to be wiped down after session (benches, chairs, door handles, strength and conditioning equipment, tables etc.)</p> <p>Every player should have their own ball but sanitised balls may be used.</p> <p>Strict distancing for non-participants must be adhered to throughout the training sessions. Follow basketball rules for training and games. All must follow guideline to ensure social distancing when entering and exiting the facility.</p> <p>If working in small groups, make sure Basketball rules are strictly followed by those groups and that participants remain separate/ social distance when not training and afterwards, as this will help reduce contact risk. Coaches should implement, document and monitor the groups throughout the session. This will reduce difficulties with contact tracing if a COVID-19 case is identified.</p> <p>Team training/ scrimmage and Team-based drills in line with Basketball rules can be used.</p> <p>Observe public transport guidance.</p> <p>Leagues and competition are allowed to commence.</p>

<p><b>Phase 4</b> <b>July 20<sup>th</sup></b></p>	<p>Risk assessment completed and logged.</p> <p>Social distancing rules adjusted and public gathering numbers increased by the government to 100 indoors and 500 outdoors. Follow screening and hygiene guidance set out by HSE and in this document.</p> <p>Non- participants at training may have to be asked to wait outside if the numbers within the venue are not able to be sustained within the social distance/ gathering limits or the risk assessment deems that it is not in the interest of the safety of individuals to allow such numbers to remain within the venue.</p> <p>Indoor and outdoor courts available, and use permitted where accessible.</p> <p>All high contact areas to be wiped down after session (benches, chairs, door handles, strength and conditioning equipment, tables etc.)</p> <p>Competitive games with local, regional, Central Venue Leagues (CVLs), and national leagues dependant on the latest government guidance and within public gathering limits can expand.</p> <p>Basketball Ireland are advocating a full 6-week 'pre-season' prior to commencing any competitions. This is to mitigate loading and injury rate. Please follow Basketball Irelands Athletic Development Programme to help all members reduce the injury rate once basketball commences.</p>
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